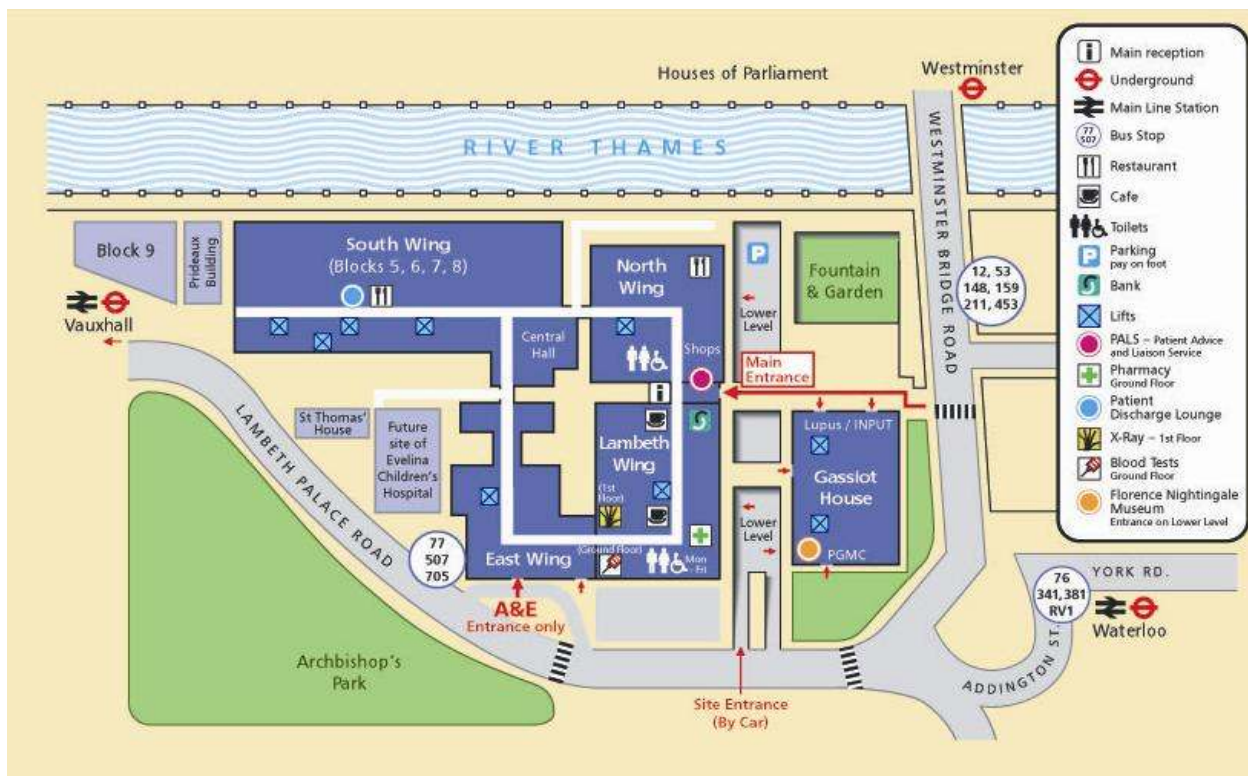


MAP AND CATERING FACILITIES

St Thomas' Hospital



The course will be held in Physiotherapy Department, 3rd Floor Lambeth Wing, St Thomas' Hospital, Lambeth Palace Road, London SE1 7EH. The door to the department is occasionally locked for security purposes. Please be patient as someone will check this every few minutes. If you are going to be late for a course or unable to attend please call the mobile number you will be given in your pre course confirmation information and give the person running the day as much notice as possible. Many thanks



By Underground

The nearest tube stations to St Thomas' Hospital are Westminster (District, Circle and Jubilee lines), this is a 10 mins walk away, Waterloo (Bakerloo, Jubilee and Northern lines) this is a 15 mins walk away and finally Lambeth North (Bakerloo line) this is a 15 mins walk away. For further information about tubes, please call Transport for London on 020 7222 1234 (24 hours) or visit their website at www.tfl.gov.uk.

By Bus

The following bus routes serve St Thomas', 12, 53, 159 and 211 these stop at Westminster Bridge Road. The 77 and 507 stop at Lambeth Palace Road. The 3, 344 and C10 stop at Lambeth Road (15 minutes' walk) and the 76, 341, and 381 stop at York Road. For further information about buses, please call Transport for London on 020 7222 1234 (24 hours) or visit their website at www.tfl.gov.uk.

By Rail

The nearest railway stations are Waterloo (15 min walk away) and Waterloo East (15 min walk away). Please see www.nationalrail.co.uk for details of route planning and train times or call 08457 484950.

By Car

Parking within the hospital is very limited. The hospital car park is pay on foot so please make sure you have the correct change it is also very expensive and is approx £2.50 an hour. Current charges are displayed at the entrance. Please use public transport whenever possible. At weekends there is some free parking in surrounding streets.

St Thomas' Hospital is located within Transport for London's (TfL) congestion charging zone. The charge is payable Monday to Friday, excluding bank holidays.

Catering Facilities

Day Courses

Whilst refreshments will be served, lunch is not included. The hospital have a number of canteens, Toms 2 café in North Wing serves hot and cold snacks throughout the day. Hot drinks, pastries and sandwiches are available from Café Select and the Tom's Sandwich bar. The Shepherd Hall restaurant in South Wing offers cooked and continental breakfast, plus a range of hot meals, salads and sandwiches.

In addition locally there are shops including Yo Sushi, Starbucks, Neds Noodles and the Bagel Factory to name but a few of the various eateries in Belvedere Road. See www.london-se1.co.uk for the various choices.

Evening Lectures

Cold refreshments will be served during the break in the middle.