

PROGRAMME



Current Treatment and Rehabilitation Guidelines Following Anterior Cruciate Ligament Surgery

Date	Venue	Tutor
Sat 22 nd Nov 2008	Leatherhead Hospital, Leatherhead, Surrey	Professor Graham Smith

Aim

This day aims to give an understanding of the principles of treatment and rehabilitation for patients following ACL surgery. The course will clarify and determine the criteria for progression from the acute / early post operative phase through to the final functional pre-discharge stage of rehabilitation. Contemporary concepts in ACL rehabilitation will be addressed and while specifically focused on musculoskeletal programmes, the principles taught and discussed can be applied to all spheres of physiotherapeutic practice. The day would be excellent for any health professional involved in ACL rehabilitation including physiotherapists, sports therapists, osteopaths and chiropractors. Whilst the focus is on surgical reconstruction, non surgical repair is often discussed and rehab principles are directly applicable.

Time

09.00	REGISTRATION
09.15	Introduction to the course
09.30	The principles of rehabilitation and post operative management
11.00	BREAK
11.30	The treatment of the acute knee injuries and current trends in ACL management and rehabilitation
1.00	LUNCH
1.45	Current Trends in ACL management and rehabilitation (continued)
3.30	BREAK
3.45	Discussion and plenary session
4.30	CLOSE

Details of all courses can be found on www.physiouk.co.uk or call / fax 020 8394 0400