

Explain Pain with Lorimer Moseley

Date	Venue	Tutor
Awaiting 2009 dates		

Aim

If you haven't heard Lorimer Moseley speak, ask around until you find someone who has and see what they thought. Lorimer is a unique speaker, highly knowledgeable and captivating. During this day, he presents pain in an innovative entertaining style that will both challenge your paradigms, give you easily understandable current knowledge on pain, why it is there and what purpose it serves. This is then taken much further and the direct physical and psychological benefits of explaining pain to patients are discussed along with how to actual do it. Woven throughout is clinical research to support hypothesis and statements in what is always a well received, entertaining and educational day.

As Lorimer is now back in Australia these days are scarce so please make an effort to come, you won't be disappointed.

Using numerous memorable stories and metaphors the day will cover the following

- Paradigms of pain
- The rationale for providing pain physiology education to patients with persistent pain
- The evidence for the efficacy of this approach both alone and within a multidisciplinary program
- And the mechanisms by which its effects may be mediated
- Participants will be introduced to concepts such as the neurotag, the orchestra in the brain and the virtual body.
- Finally pain physiology education is presented as it is to patients, including assessments to promote individualisation of the education.

Time

8,45am REGISTRATION

9.00am Start

5.00pm Finish

Lunch will be provided and will be taken at approximately 1pm for an hour