

## **Gait Analysis and Foot Biomechanics (1 day workshop)**

Date	Venue	Tutor
Sat 18 <sup>th</sup> Oct 2008	Royal United Hospital, Bath	Anne Marie O'Connor

This day mixes lectures and practical sessions. Static foot assessment is introduced and foot biomechanics are outlined and are then practically analysed on other subjects. These are backed up by video case studies. Discussion revolves around problem solving this information within the context of participant's clinical practice. Secondly, this knowledge is then used during observation and analysis of the gait cycle. This is introduced with a short lecture, again with case examples. Time is available for questions and a short quiz to aid consolidation of knowledge. Anne Marie is an experienced podiatrist who works extremely closely with physiotherapists in her clinical practice. This course is aimed at those who are new to the field of biomechanics. It is highly recommended for experienced junior physiotherapists, senior II and new senior 1 physios, osteopaths, chiropractors and sports therapists.

9.00am	Registration
9.30am	Foot Biomechanics: Presentation and Practical Workshop
10.45am	BREAK
10.55am	Questions and Case Studies
11.25am	Orthotics Workshop: Presentation and Discussion
1.00pm	LUNCH
1.45pm	Foot wear and Trainers Workshop: Presentation and Discussion
2.20pm	Gait Analysis Workshop: Presentation and Practical Workshop
3.45pm	BREAK
4.00pm	Observational Gait Analysis
4.25pm	Problem Solving Case Studies
4.55pm	Final Questions
5.00pm	Close