

MAP AND CATERING FACILITIES



Kingston Hospital

The course will be held in the Physiotherapy Department, Kingston Hospital NHS Trust, Galsworthy Road, Kingston, Surrey, KT27QB. Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.

See the site map at the end

By Car:

From the M25

Exit the motorway at junction 10, (signed London (SW), Kingston, Guildford & A3), and take the A3 towards Kingston. Drive for approx 10 miles, then exit the A3 at the Coombe Lane Interchange. Join the A238 (Coombe Lane). Continue down Coombe Lane and turn right at the junction with Galsworthy Road. Kingston Hospital is located on the left.

From the M3

Exit the motorway at junction 1 (signed Sunbury, Kingston & A308). Join the A308 (following signs for Kingston). Continue on the A308 to Kingston and after crossing the River Thames, follow the one way system rejoining the A308 (London Road). Turn right onto the A238 (Coombe Road and turn left at the junction with Galsworthy Road. Kingston Hospital is located on the left

Car Parking

WE RECOMMEND YOU USE THE STAFF CAR PARK.

The hospital has pay and display car parks on site for patients and visitors. The charging period for the car park is from 8:00am to 8:00pm, seven days a week. You will need to have the correct change for the pay and display machines (please note, we do not have change machines). The current minimum fee is £1.80 (for the first hour) and £1.50 for each hour thereafter (up to five hours).

To use staff car park (opposite physio department) the price is £6 per day at weekends. Park your car there and then proceed to the department using the directions at the end of this map, a parking pass will then be issued in physio department for you to put in your car. There is free parking in Richmond Park (5 mins walk away), please check any parking restrictions before leaving your car.

By Train

The nearest train station is Norbiton. The hospital is a short walk (less than five minutes) from the station along Coombe Road or Wolverton Avenue. A local taxi firm is Kingston Cars 020 8241 7777. Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

By Bus

The best place to find details of bus services is www.transportdirect.info (you can enter the details of where you are coming from and enter the venue postcode as the destination).

Catering Facilities

Day Lectures

Whilst refreshments will be provided, lunch is not included. There is a canteen next to the department for lunch with a selection of hot and cold food (good by hospital canteen standards).

Evening Lecture

N/A

Notes for finding the course location when you have arrived at the venue

The physio department is the new building opposite the staff car park. From the car park, turn left up the slope and walk round the building and you should see a sign for the physiotherapy entrance on your left hand side. From the main entrance, there are some steps down to the right of the entrance, as you face the main doors to enter the hospital. Walk down the steps, then up some steps on your right and follow the path in between the buildings. Keep turning left until you see a new building in front of you and a sign saying physiotherapy and that is the physio entrance (a large set of sliding doors).