

MAP AND CATERING FACILITIES

North East Clinic



The course will be held in the North East Clinic, 52 Heaton Road, Newcastle Upon Tyne, NE6 1SE. Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.



By Car:

From the A1058 (Coast Road)

Heading towards Newcastle upon Tyne turn left at the traffic lights at the Corner House heading towards Heaton / Byker. Follow this road until you reach a small roundabout and continue straight ahead at the roundabout. Head straight on at the first set of traffic lights, and then continue along at the second.

The venue is then situated on the left hand corner past the traffic lights.

From Tyne Bridge (South)

Once over the Tyne Bridge take the second exit off the A167 (M) onto the A193. Follow this road over the traffic lights until you reach a roundabout. Take the first left off the roundabout and head towards Morrison's Supermarket. At the mini roundabout turn right onto Shields Road. Continue along Shields Road and take the left onto Heaton Road at the traffic lights just past the Raby Pub, the clinic is straight ahead about 200 metres down Heaton Road on the right hand side.

Car Parking

There is free parking at both the front and the rear of the building.

By Train

The nearest train station is Newcastle Central station which is 1½ miles away. A local taxi firm is Central Taxi's 0191 2716363, East Coast Taxis 0191 2533770, Blue Line Taxis 0191 262 6666. Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

By Metro

The nearest metro station is Byker Metro Station which is a 5 min walk away. Exit the station and cross the road to left - walk along pedestrian area with solicitors office on left, there is a large car park on the right and small units including Newcastle College, Greggs and fish & chip shop on the right.

Turn right by the Raby Pub on the corner onto the main shopping street, Shields Road. Cross over at the pedestrian crossing and walk up to Barclays Bank (approximately 100 yards) and turn left.

You will pass shops and cafes then after approximately 300 yards you will reach North East Clinic on the right hand side opposite the bingo hall.

By Bus

The best place to find details of bus services is www.transportdirect.info (you can enter the details of where you are coming from and enter the venue postcode as the destination).

The number 1 bus stops directly on Heaton Road nearest North East Clinic running every 15 minutes. In addition, buses 40, 39, 62 and 63 run every 10 minutes and stop on Shields Road, approximately 5 minutes walk from North East Clinic. These run to and from Newcastle City Centre.

If arriving at a bus stop on the middle of Shields Road, Byker. Walk up the road towards Barclays bank on the corner and turn onto Heaton Road. Continue along Heaton Road approximately 500 yards and you will find North East Clinic on the right hand side opposite a bingo hall.

Catering Facilities

Day Courses

Whilst refreshments will be provided, lunch is not included. Lunch can be purchased from the cafes across the road selling lovely home baked goods at a reasonable price. There is also a shopping street approximately 2 minute's walk away.

Notes for finding the course location when you have arrived at the venue

Entrance into the building is via the front door into the main reception area. The consultancy rooms, physiotherapy treatment rooms and gymnasium are located on this level. Taking the stairway or the lift, the conference room is located on the 1st floor. On arrival to the 1st floor, turn right, walk through the door and immediately on your right hand side you will find the conference room.