

MAP AND CATERING FACILITIES

Princess Royal Hospital



The course will be held in the Physiotherapy Department, Princess Royal Hospital, Lewes Road, Haywards Heath, West Sussex, RH16 4EX. Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.

By Car:

The hospital is clearly signposted from Haywards Heath. Haywards Heath is accessed from the A23 by exiting at the A272 junction and heading towards Haywards Heath. Continue until you reach the town centre, then follow the signs for the Princess Royal Hospital as you proceed through the town. Alternatively if coming from the east, come along the A272 and then pick up the signs for the hospital.

Car Parking

Parking on the Princess Royal Hospital site the main car parks for patients and visitors are as follows: · Car park 1 - Opposite the main entrance this also contains 16 disabled bays with a further 6 disabled bays immediately opposite the main entrance. · Car Park 2 – Situated immediately adjacent (west) to the main hospital building. · Car Park 4 - Situated behind the main hospital building. These three car parks are pay-on-foot; take a ticket to enter and when ready to leave pay at the machine, return to your vehicle and use the ticket to exit the car park. There is also a considerable amount of pay and display parking on the roads by Hurstwood Park Neurological Centre and along Colwell Road. The parking charges are the same as those at the Royal Sussex County Hospital site and apply to all users (including disabled badge holders). The charges are as follows: · 0-2 hours £1.50 · 2-4 hours £2.50 · 4-6 hours £3.50 · 6-12 hours £6.50 · 12-24 hours £14.00 Parking on the street is currently free, but limited.

By Train

The hospital is situated 1½ miles from Haywards Heath station (20 min walk). The station is on the London to Brighton line with frequent trains. Taxis are available from the station, local taxi firms are Station 01444 410410, Roadrunners 01444 443300, B and B 01444 441990 and TNT 01444 451809. Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

By Bus

The best place to find details of bus services is www.transportdirect.info (you can enter the details of where you are coming from and enter the venue postcode as the destination).

In addition There are several bus services which stop outside the hospital site on Lewes Road. For details of these services please contact the following companies: RDH - Tel: +44 (0)1273 479819, Metrobus - Tel: +44 (0)1273 449191 and Compass - Tel: +44 (0)1903 690025.

Catering Facilities

Day Lectures

Whilst refreshments will be provided, lunch is not included. A mixture of hot and cold food including daily vegetarian food is available to buy from the hospital canteen.

Evening Lecture

N/A

Notes for finding the course location when you have arrived at the venue

When you come in the main entrance you take the first right and then follow the corridor. You will need to walk diagonally across a waiting area and continue along the corridor. At the end of the corridor is the physiotherapy department. The department is well signposted.