

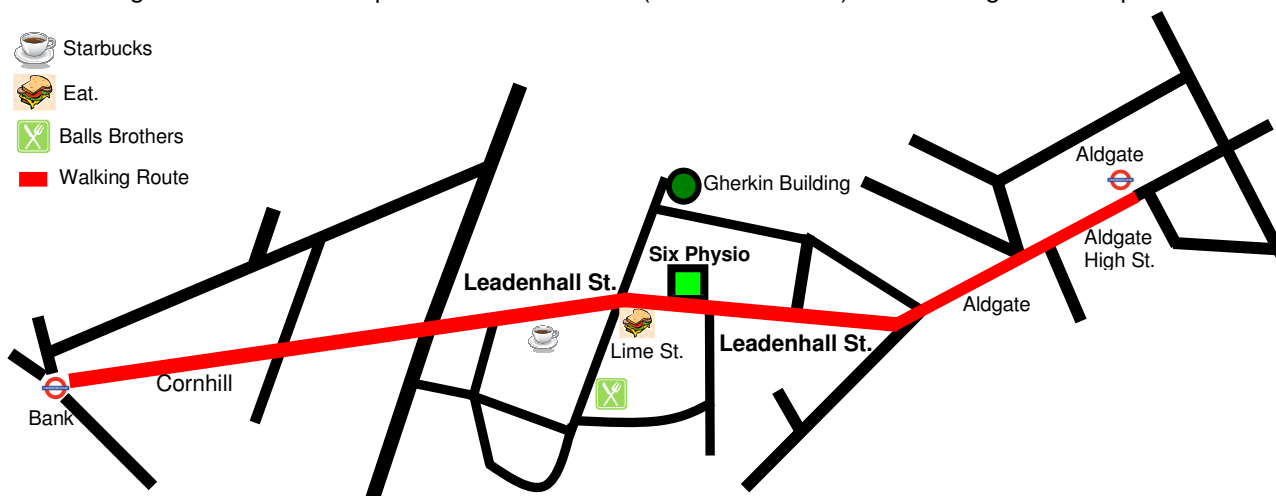
MAP AND CATERING FACILITIES

Six Physio (Leadenhall Street)



The course will be held at Six Physio on the 2nd Floor, 106 Leadenhall Street, London EC3A 4AA. Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.



Please Note: This map is not to scale. The purpose of this map is to give you a general idea of the venue location, route from the station and the surrounding area. We recommend that you print off a Google map.

Travel:

We would strongly recommend that you use public transport to access the venue as parking is very limited in the area. Six Physio are based in Central London, so there are numerous public transport services that serve the venue. Aldgate, Bank, Liverpool Street, Monument and Tower Hill tube stations are all nearby, as well as Cannon Street and Fenchurch Street railway stations, and numerous bus services.

By Tube

Aldgate and Bank are nearby tube stations which are both within walking distance of the venue (see map).

If arriving at Aldgate tube station (5 mins), head southwest onto Aldgate High Street and continue onto Aldgate. Take a slight right to continue onto Aldgate, and then continue onto Leadenhall Street. After 0.1 miles, the venue will be on the right side.

If arriving at Bank tube station (8 mins), take exit 4 heading towards Cornhill and continue at street level straight along Cornhill for 0.2 miles. Then head straight across the crossing, onto Leadenhall Street. Continue on Leadenhall Street for 0.1 mile and the venue is on the left, parallel to the Gherkin building.

Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

By Bus

The following is a selection of bus routes that serve the venue location. These routes are: 710, 741, and 742.

The best place to find details of bus services is www.transportdirect.info (you can enter the details of where you are coming from and enter the venue postcode as the destination).

Catering Facilities

Day Courses

Whilst refreshments will be provided, lunch is not included. There are several nearby cafes, restaurants and shops that are all within a few minutes of the venue.

Eat. sandwich shop is situated on Leadenhall Street, on the opposite side of the road from the venue. On exiting the venue onto Leadenhall Street, turn right and walk straight, finding Eat. on the left hand side.

Starbucks is also situated on this road. Heading in the same direction as Eat., pass Lime Street on the left and continue straight until reaching the coffee bar on the left.

Starbucks and Eat. may not be open Saturday or Sunday, but there is a nearby Pret that is open at weekends, situated on St Marys Axe (opposite The Gherkin Building).

Balls Brothers is a restaurant/bar found on Lime Street (see map). The Restaurant opens from 12pm to 3pm, and then 5pm to 9pm, Mondays to Fridays.

Evening Workshop

N/A

Notes for finding the course location when you have arrived at the venue

Having entered through the main entrance, head straight into the entrance hall. The clinic is located on the second floor of the building, so you can either take the lift onto level 2, or continue past the lift and up the stairs onto the second floor. Six Physio are the only company on this floor.