

MAP AND CATERING FACILITIES

Oswestry Orthopaedic District Hospital



The course will be held in the Physiotherapy Department, Oswestry Orthopaedic District Hospital, Oswestry, Shropshire, SY10 7AG. Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.

By Car:

The hospital is located to the north of Oswestry just off of the A5 where the road (A5) becomes the B5069.

From the North (Chester A483, approx 25 miles)

1. Follow signs for Wrexham A483
2. At the end of the dual carriageway the road divides, you will need to take the right hand lane (A5) for Oswestry.
3. Go straight across the first roundabout and continue on this road (A5).
4. At the next roundabout go straight across (2nd exit) and continue on this road.
5. At the next roundabout, take the 2nd exit signposted Orthopaedic Hospital. Follow the road over a small bridge and you will see the hospital on the left.

From Shrewsbury

1. Follow signs for Oswestry A5
2. As you approach the outskirts of Oswestry there is a roundabout with a Services (Travelodge) on the left. Take the 4th exit onto the Oswestry bypass (signposted North Wales/Llangollen and Orthopaedic Hospital). DO NOT follow directions to the Oswestry Town Centre.
3. At the second roundabout take the 2nd exit (straight across) towards Wrexham.
4. At the third roundabout take the 4th exit signposted Orthopaedic Hospital and follow the road over a small bridge and you will see the hospital on your left.

From Welshpool

1. Follow signs for Oswestry A483 for approximately 12 miles
2. At the Mile End roundabout (which has a Travelodge situated on the right) take the 2nd exit onto the Oswestry bypass (signposted North Wales, Llangollen).
3. At the second roundabout take the 2nd exit (straight across) towards Wrexham
4. At the third roundabout take the 4th exit signposted Orthopaedic Hospital

Car Parking

Car parking charges apply in the Patient and Visitors Car Park. Charges are £2 a day and also apply to Blue Disabled Badge holders.

By Train

The nearest train station is in Gobowen, approximately two miles from the hospital. The station is part of the Chester to Birmingham line. A local taxi firm is A & B who can be contacted on 01691 679911.

Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

By Bus

The best place to find details of bus services is www.transportdirect.info (you can enter the details of where you are coming from and enter the venue postcode as the destination).

The nearest bus station is in the centre of Oswestry. The Arriva bus service number 53 stops outside the hospital as part of the Oswestry to Ellesmere route Monday to Saturday. This bus service does pass the train station.

Catering Facilities

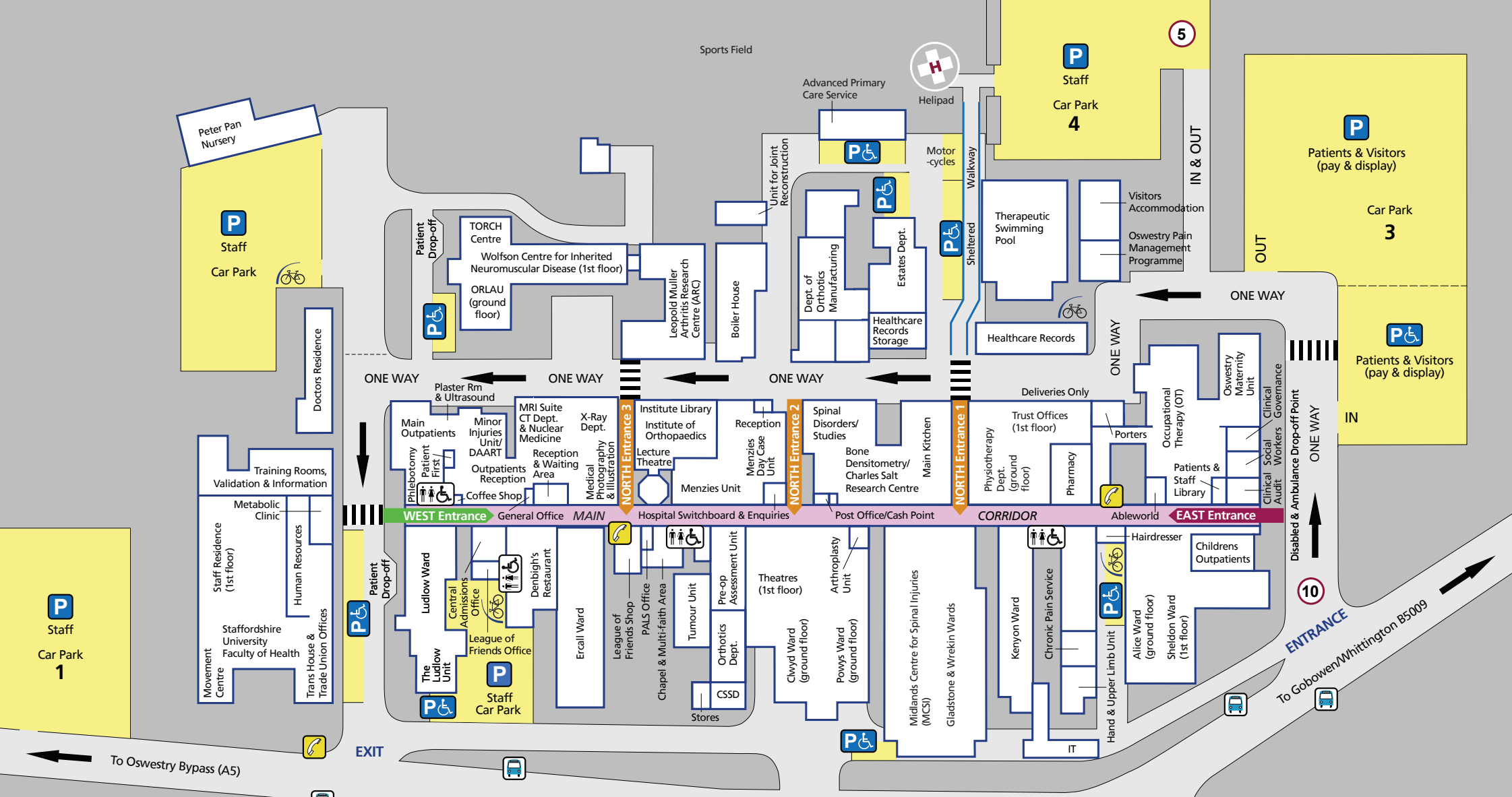
Denbighs Restaurant is situated on the main corridor opposite X-Ray and near Outpatients reception area. It sells a selection of hot and cold meals that can be either eaten in the restaurant dining area or taken-away. Opening Times:

Monday – Friday: 8.15am - 7.30pm
Saturday and Sunday: 9.00am-5.00pm

There is also the League of Friends Coffee situated in the Outpatients Reception area. You can purchase drinks, sandwiches, cakes and other snacks from 9am-4pm Monday to Friday only. There is also a shop on site where confectionary and drinks can be purchased.

Notes for finding the course location when you have arrived at the venue

The Physiotherapy department is located on the ground floor near the east entrance to the hospital. This is the nearest entrance to the hospital from the car park. The Physiotherapy department is approximately ¼ of the way along the corridor from the east entrance, on the right hand side. There are signs to the department from the east entrance, and there is also a help phone at the east entrance which is always manned.



The Robert Jones and Agnes Hunt **NHS**
 Orthopaedic and District Hospital
 NHS Trust

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The North



Manchester

Liverpool

Merseyside

North Wales Coast

Chester

Crewe

Stoke-on-Trent

Llangollen

Wrexham

Nantwich

Newcastle-Under-Lyme

Whitchurch

Ellesmere



Oswestry

Shrewsbury

Telford

Wolverhampton

Mid Wales

Welshpool

Birmingham

West Midlands

The South

