The course will be held in the Physiotherapy Department, Royal Berkshire Hospital, London Road, Reading, RG1 5AN.

Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.

The map below is taken from http://www.royalberkshire.nhs.uk/how_to_find_us/royal_berkshire_hospital/hospital_site_map.aspx
By Car

From the M4
Exit the M4 at Junction 10, and take the A329 (M) exit to Reading (E)/Wokingham/Bracknell. Keep right at the fork and merge onto A329 (M). Continue onto A3290, and then take the A4 exit toward Reading. At the Roundabout take the first exit onto London Road/A4. After half a mile, turn left onto Granby Gardens/London Road/A4. Take the first right onto London Road/A4. After half a mile, turn left onto Redlands Road. Turn left, and then left again. The hospital will be on the left.

Car Parking

Parking is available in the multi-storey car park in Craven Road.

Parking is pay & display. Charges are:

- Up to 1 hour £1.50
- Up to 2 hours £3.00
- Up to 3 hours £4.50
- Up to 4 hours £6.00
- Up to 6 hours £9.00

All day parking £12

Cash only is accepted (no cards) in the pay & display ticket machines – there is a change machine near main reception on Level 2.

By Train

Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

The nearest mainline BR station is Reading Station which is a twenty minute walk from the hospital. The main rail route served by the station is the Great Western Main Line, which runs west from London’s Paddington station before splitting to the west of Reading station into two lines, one serving Taunton, Exeter, Plymouth, and places further west, and the other serving Bristol, Bath, Chippenham, Swindon, Newport and Cardiff.
Other main lines connect Reading with Birmingham, northern England and Scotland, and with Winchester, Southampton and Bournemouth to the south.

The secondary North Downs Line connects Reading with Guildford and Gatwick Airport. An electric suburban line operated by South West Trains links Reading to London Waterloo station.

**By Bus**
The hospital is on a regular route for local buses. Reading buses provide services with a seven to ten minute frequency from Reading Train Station. Their buses are easy to identify with their colour coded routes. Premier Routes 9 (red buses) and 22 (lime green buses) and Route 19, operated by Midi Buses serve the hospital.

The fare is currently just £1 to the hospital from the station.

**Catering Facilities**
Whilst refreshments will be provided, lunch is not included. On level one in the South block of the hospital, there is a restaurant and café which is open seven days a week.

**Notes for finding the course location when you have arrived at the venue**
Please follow yellow PhysioUK signs to direct you to the course location.
**Travelling to the Royal Berkshire Hospital**

**By foot:** The hospital is a 10 minute walk from the Oracle shopping centre and around 20 minutes walk from Reading Railway station.

**By bus:** A number of buses travel between the hospital and Reading town centre. For up to date service details call Reading Transport on 0118 959 4000 or visit www.reading-buses.co.uk. Also, some Thames Travel buses stop at the hospital; for service details call 01491 837988 or visit www.busbook.co.uk.

**By train:** There are frequent services by train to Reading town centre from outlying areas served by the hospital. For up to date information on train services call National Rail Enquiries on 08457 48 49 50 or visit www.nationalrail.co.uk.

**Park & Ride:** During peak periods, there are many more people wishing to park at the hospital than there are on-site parking spaces. To address this the Trust and Thames Travel are currently running a Park & Ride scheme between the Madejski Stadium and the hospital. For further information call the Traveline helpline on 0870 608 2608.

**By bicycle:** Bicycle racks are available near maternity, endoscopy, Battle Block, North Block, South Block and near the road entrance of the multi storey car park.
About the hospital
The Royal Berkshire Hospital is a large, busy hospital in the centre of Reading. It is the region’s specialist centre for cancer, eye and renal (kidney) care.

Facilities
There are public toilets and telephones in every block.

Wheelchairs
Wheelchairs may be found on Level 2 in the multi storey car park, and also near South Block entrance on Level 2.

Pedestrian access
Please go to Level 2 Main Entrance for all wards and departments except for A&E, Endoscopy and departments in outlying buildings.

Getting around
Please be aware that it may take up to 15 minutes to walk to some wards and departments. Please take this into consideration when allowing time to get to your appointment.

An electric buggy driven by volunteers is also available to transport patients.

If your passenger is disabled and you require assistance between the multi storey car park and the hospital, speak to a receptionist. If you are parked in other areas around the hospital site, please be aware there may be no one to assist you in these areas.

Getting to your appointment
The hospital is spread out over a large area and the wards and departments are located over several levels.

Please follow any instructions given in your appointment letter or card and follow the signs for the BLOCK and not the level. Wards, departments and clinics are signposted within each block.

Car parking
During peak periods on weekdays, there is often difficulty finding a parking space. Please take this into consideration when deciding on how and when to travel to the hospital.

Public parking is Pay & Display. Parking for disabled people is free of charge. Parking concessions are available for the parents of children in paediatric wards, to the partners of women in labour and to the immediate relatives of long term patients. Speak to a nurse on the ward for more information on concessions.

There is a change machine near reception on Level 2 in the Main Entrance.

Multi storey car park
Levels 0, 1 and 2 are public. Most wards and departments are accessed from Level 2. There is no access to A&E from the main hospital.

Disabled parking
Level 2 has 26 disabled-only spaces and leads straight to the reception and to most wards and departments in the hospital. There are also seven disabled spaces on Level 0.

A limited number of disabled spaces are also available near West Drive buildings, South Block, North Block, Endoscopy and Battle Block.