MAP AND CATERING FACILITIES

St Thomas’ Hospital

The course will be held in Physiotherapy Department, 3rd Floor Lambeth Wing, St Thomas’ Hospital, Westminster Bridge Road, London SE1 7EH. Please see the notes at the end of the map which give you directions to the course location when you arrive at the venue.

The door to the department is occasionally locked for security purposes. Please be patient as someone will check this every few minutes. If you are going to be late for a course or unable to attend please call the emergency contact number you will be given in your pre course confirmation information and give the person running the day as much notice as possible. Many thanks.

If no map is supplied, this is because we have been unable to find one we can legally reproduce. Whether one is supplied or not we recommend you have an alternative map. We recommended you print off a Google map which can be accessed by entering the venue postcode into Google maps (www.google.co.uk/maps). It is recommended you print off some travel directions using the postcode you are setting out from as a start point. The AA website (www.theaa.com) also has a good route planner.
By Underground

The nearest tube stations to St Thomas' Hospital are Westminster (District, Circle and Jubilee lines), this is a 10 mins walk away, Waterloo (Bakerloo, Jubilee and Northern lines) this is a 15 mins walk away and finally Lambeth North (Bakerloo line) this is a 15 mins walk away. For further information about tubes, please call Transport for London on 020 7222 1234 (24 hours) or visit their website at www.tfl.gov.uk.

By Bus

The following bus routes serve St Thomas’, 12, 53, 159 and 211 these stop at Westminster Bridge Road. The 77 and 507 stop at Lambeth Palace Road. The 3, 344 and C10 stop at Lambeth Road (15 minutes' walk) and the 76, 341, and 381 stop at York Road. For further information about buses, please call Transport for London on 020 7222 1234 (24 hours) or visit their website at www.tfl.gov.uk.

Train times and routes can be obtained from National Rail enquiries on 0845 7484950 or www.nationalrail.co.uk. See the bus details below for local services.

By Rail

The nearest railway stations are Waterloo (15 min walk away) and Waterloo East (15 min walk away).

The best place to find details of bus services is www.transportdirect.info (you can enter the details of where you are coming from and enter the venue postcode as the destination).

By Car

Parking within the hospital is very limited. The hospital car park is pay on foot so please make sure you have the correct change it is also very expenses and is approx £2.50 an hour. Current charges are displayed at the entrance. Please use public transport whenever possible. At weekends there is some free parking in surrounding streets.

St Thomas' Hospital is located within Transport for London's (TfL) congestion charging zone. The charge is payable Monday to Friday, excluding bank holidays.

Catering Facilities

Day Courses

Whilst refreshments will be served, lunch is not included. The hospital have a number of canteens, Toms 2 café in North Wing serves hot and cold snacks throughout the day. Hot drinks, pastries and sandwiches are available from Café Select and the Tom's Sandwich bar. The Shepherd Hall restaurant in South Wing offers cooked and continental breakfast, plus a range of hot meals, salads and sandwiches.

St Thomas' Hospital also has a Marks and Spencers' outlet, which offers a range of cold snacks, sandwiches and refreshments. This can be found at the main entrance of the hospital.

In addition locally there are shops including Yo Sushi, Starbucks, Neds Noodles and the Bagel Factory to name but a few of the various eateries in Belvedere Road. See www.london-se1.co.uk for the various choices.
Evening Lectures

Cold refreshments will be served during the break in the middle.

Notes for finding the course location when you have arrived at the venue

As you arrive at the hospital, enter where it says ‘Main Entrance’ on the map above. Turn left by the reception desk and walk round the corridor, into the Lambeth Wing. Take the lift on your right up to the 3rd floor. As you exit the lift, turn right, go through the first set of double doors and the physiotherapy department is at the end of the corridor through the next set of double doors on your right hand side. See the note at the top of this map regarding entering the department especially if you are going to be late.